

# Accreditation Levels

## Key Differences in Nutrition Qualifications

Qualification	Level	Focus	Scope of Practice	Client Interaction	Career Path
Cert III Sports Nutrition Coaching Assistant	3	Assisting & supporting senior practitioners	Basic nutrition education, food prep, data collection	Limited, under supervision	Entry-level, pathway to Cert IV or other health fields
Cert IV Sports Nutrition Coach	4	Non-prescriptive nutrition coaching & guidance	General nutrition education, coaching, progress monitoring	Direct interaction, general advice only	Pathway to Graduate Certificate or other sports-related roles
Diploma of Sports Nutrition	5	In-depth nutritional principles & application to sports performance	Non-prescriptive coaching, advanced dietary analysis	Independent, non-personalized advice	Stepping stone to a Bachelor's degree or specialized roles
Advanced Diploma of Nutritional Science	6	Comprehensive understanding of nutritional science & application	Evidence-based nutrition education & guidance, research	General nutrition education & support	Pathway to a Bachelor's degree or roles in public health, food science, or the food industry
Grad Cert in Applied Sports Nutrition	8	Personalized nutrition services for low-risk & supervised moderate-risk clients	Personalized plans, dietary analysis, lifestyle counseling	Direct interaction, supervision for moderate-risk	Pathway to Open Accreditation with further education & experience (min. 2.5 years combined)
Bachelor's in Applied Exercise/Nutrition Science	7	Personalized nutrition services, including high-level athlete	Comprehensive assessments, meal planning, supplement advice	Direct & independent interaction	Open Accreditation, further specialization through Grad Dip, leadership, research, consulting
Grad Dip in Applied Sports Nutrition	8	Advanced personalized services, including high-level athletes & specialized areas	All services of Open Accredited, plus specialization	Direct & independent interaction, specialized fields	Highest level of expertise, leadership roles